

RISEUP Paranormal Group

Case Report - Investigation Lead

Date:	12 / 4 / 2014	Member Submitting Report:	Kenneth DeCosta	
Time:	6:30 pm	Case Location:	Charlton, Ma	
Type of Investigation: Dwelling – Home, Office, etc. Cemetery Outdoor Other (explain): Was a clairvoyant or sensitive used on the case? Yes No		Team Member Present:	Wendy Alsfeld-Thatcher RN	
		Team Member Present:	Nancy LaVena RN	
		Team Member Present:	Stephen Mills	
		Team Member Present:	Julie DeMay	
		Team Member Present:		
		Team Member Present:		
		Sensitives or Clairvoyants Name:		
Lunar Cycle:		Source and Time:		
New Moon 	Full Moon 	Longitude:		
		Latitude:		

Waxing Qtr. Moon  Waxing Half Moon  Waxing 3- Qtr. Moon 	Waning 3-Qtr. Moon  Waning Half Moon  Waning Qtr. Moon 	Elevation:	895 ft.		
			Outdoors	Indoors	
		Temp:	22 degrees	76 degrees	
		Feels Like:			
		Dew Point:	-3 F		
		Humidity:	30%	46%	
		Visibility:	10 miles		
		Barometric Pressure:	30.36 in.		
		Wind Speed & Direction:	15 mph (WSW)		
		Storm Conditions:	Partly cloudy		
Half-Real Subjective – You subjectively perceived something that you could not document objectively. Half-Real Objective – You perceived nothing subjectively but obtained objective documentation. Whole-Real Objective – You perceived both a subjective experience and obtained objective documentation. Type 1 – Objective documentation matches subjective experience. Type 2 – Objective documentation & subjective experience are different. Type 3 – Any combination of Type 1 & 2, they both match, but additional information was documented on either the objective or subjective side. During the investigation:					

IMPORTANT - Be sure to include & attach <u>ALL evidence</u> taken from the investigation <u>within 72 hours</u>.		
Electronic Voice Phenomena – EVP	Yes ☐ No ☒	IR Photography Yes ☐ No ☒
Digital Photographs	Yes ☐ No ☒	IR Video Yes ☐ No ☒
Film Photographs	Yes ☐ No ☒	Recorded Thermal Video Yes ☐ No ☒
Video Recording	Yes ☐ No ☒	Recorded Thermal Photographs Yes ☐ No ☒
Temperature Changes	Yes ☐ No ☒	Other – Explain Yes ☐ No ☒
EMF Readings	Yes ☐ No ☒	Any signs found of tampering? Yes ☐ No ☒
If not listed, what other type of evidence did you gather?		
Our approach on this was fairly straight-forward. Because there were reports of activity in the home prior to [REDACTED] arrival or even before she was born, we felt it best to focus on the home and determine if anything anomalous would present it self to us in a		

more interactive setting. By doing so and removing the residents from the equation, we might determine if it was the property or the occupants who were the catalyst behind the claims of activity there. Because of [REDACTED] existing condition, we felt it best not to heighten any anxiety or exacerbate the situation by conducting our investigation in her or Mrs. [REDACTED] presence. Again, we worked to determine the source of their issues in the scope of the paranormal. A full review of all data collected did not reveal anything anomalous or out of order. In cases like these, we are fully aware that we have but a small window of time to work in and often our conclusions may be incomplete and/or inconclusive. The range of activity reported is significant and varied, but at no time in exploring every possible scenario did we encounter or experience any unusual phenomena. With that said, there were some things we felt were explainable and may serve to lessen the stress there or simply create a better environment.

1. The odor emanating from [REDACTED] room that night and acknowledged by Mrs. [REDACTED] seemed to be coming from around the door casing near the light switch. This could mean a deceased rodent in the wall or perhaps the vent pipe from the bathroom to the roof was clogged with snow and ice – even a nest of some sort - and they are experiencing some “blowback”. This should be looked into if nothing else for peace of mind. We have encountered this type of thing before and it is far from unusual. A check of the attic revealed some leaves that otherwise shouldn’t be there as no apparent holes in the roof or siding can be found. This might signal the presence of rodents or birds that have breached the attic. They can make some strange sounds as well. We found no signs of droppings, but our view was limited.
2. The air filter mounted in the hallway ceiling is very much clogged and should be replaced. The air quality will improve by doing so.
3. The rabbit cage in the basement should be cleaned regularly and thoroughly. Any odor and the fact the rabbit is very active within its cage can draw potential predators to the house. Mrs. Hunt claimed she saw unusual footprints around the bulkhead leading to the basement and this is perhaps why. This is a rural area and it doesn’t take much for coyotes or foxes to pick up a scent or a sound.
4. There is a question as to whether the radiators were bled of air before winter. During our “silent session” the noises coming from the baseboards resemble that of footsteps, knocks and in one case, someone running. If they are air-bound, they will rattle and bang once hot water is called into the system. Some water pipes in the basement are not bracketed properly and can bang against beams when water passes through them. This can also be mistaken for something unusual happening.
5. The hot air system being activated results in a low-level “hum” that can affect brain waves and create the feeling of discomfort if exposed to long enough. While there is not much that can be done about this, the occupants should be aware of this possibility. There is a claim by Mrs. [REDACTED] that she felt a presence hovering over her as she was in bed one night. Whenever we hear some type of activity occurred while sleeping, we almost always have to consider “hypno-pompic” states. This is the point in time between sleeping and waking that people are neither fully awake nor asleep and can experience what amounts to a hallucination. This is also very common and sometimes explains why people feel a pressure on their chests, a presence in the room or someone sitting on the bed. Once fully awake, the sensations and visions end immediately. We have no explanation why blinds will go up or down or certain objects will disappear for short periods of time beyond obvious ideas that a mistake was made in securing them or placing them down. Nor do we have a reasonable explanation why her daughter was slammed into a wall in the kitchen having no contact with anyone else. What was described does not sound like she tripped or lost balance, so we are at a loss to

rationalize that.

There are reports that faces will show up in photos and then vanish before they can be displayed for verification. This is highly suspect because cameras simply do not operate that way. We have heard of photos being imprinted on by a form of telepathy, but because there is no evidence to examine, we cannot offer an opinion either way. This is not to say it did not happen, but without seeing them, we can't draw a conclusion.

Similar to this is the video taken on [REDACTED] tablet of a shadowy presence in her room she reacted to. Our understanding is there was a technical issue with playback and as a result, we cannot review the video to offer any kind of informed opinion. We spend a great deal of time analyzing video, so this is unfortunate. [REDACTED] has claimed to hear voices. Because of her psychological state, we do not feel as though we can comment appropriately as to whether this is something real or a product of that state of mind. That has to remain the responsibility and duty of her doctors. As to the entity named "Emma", we were not able to cross-check this against any databases and returning to Charlton to check public records is an option open to us. We do know there were 13 females named Emma living in Charlton, Ma. in 1940 and the only child among them moved to Boston between 1930 and 1940. We are told records indicate a drowning that year of a 42 year old woman with that name and it is still fairly remarkable that [REDACTED] would come up with that. Barring overhearing a conversation or pure coincidence, there is no explainable reason for that name coming up. This remains a point of interest to us. There is one area we feel very strongly about and it is our considered opinion (based on responding to over 300 reports of paranormal activity over the past 8 years and seeing how some families are adversely affected) that there must be an effort to place less emphasis on the supernatural for a period of time here. There are also a growing number of people supporting the paranormal from doctors bringing psychics into the home to total strangers offering their own opinions and remedies. This can become overwhelming even if everyone has good intentions. We have seen this many times and we have even given it a name: "Stacking". Once there is an unusual event that takes place, people's fears escalate to the point where every noise, shadow, reflection or odd feeling gets placed in that paranormal "stack". Soon the stack grows to such heights that people begin to feel like victims in their own homes. They will stop going into certain rooms or areas of the house. They will be afraid of what they might see upon entering others. People can begin to worry themselves sick about it. The more the paranormal becomes the focus, the more it can feed on itself until it grows out of control.

If one truly believes they are experiencing paranormal activity, the first course of action is for them to reclaim their homes and empower themselves. This can be accomplished by standing up for yourself and addressing whatever entities you believe may be present loudly and with conviction, letting them know they are no longer welcome in your house. No one should be uncomfortable and fearful in their own home. It may seem silly to some to address something you cannot see, but this has a lot of benefits, none the least of which is returning the person or persons to a state of power and strength that is rightfully theirs. They have to take control of the situation which is no different than someone trespassing on your property. Eventually, you would address this with them or somehow put an end to it.

We suggest no discussion about the paranormal should include [REDACTED]. If she has an

experience and wants to talk about it, then it should be discussed calmly and with caution. Beyond that, trying to eliminate all reference ghosts around her is a good way to start moving on. She may or may not be very open to suggestion and “placed memories” at this point. Should she ever display a sign like the scratching on her back or the physical contact we were told about, feel free to call on us and explain the situation. We will advise on how you might want to proceed if that happens again. We are concerned for your physical and emotional safety above all else. There is one final scenario we will discuss here that is fairly controversial. No one has ever truly proven that psychokinesis (PK) exists, but there have been recorded instances where it is hard to simply discount. Psychokinesis is the alleged ability to move objects and change the physical environment with projections from one’s mind. The theory being that strong emotions (anger, fear) that are being suppressed can result in anything from pictures falling off walls to objects flying across the room. In rare cases, it has been reported that actual physical entities are created out of one’s subconscious. A lot of these claims concern adolescents going through puberty when physical, emotional and psychological changes start to occur. The good news is that this tends to disappear as quickly as it came as time passes. This is, of course, just a theory and while there are some elements of this here, we would never base a conclusion on something we cannot prove beyond reasonable doubt.

In sum total, we feel there should be an effort made to lighten the atmosphere a bit over a period of time. See how that works out for a while. This can be done by de-emphasizing the supernatural as an explanation for behavioral issues or odd occurrences and looking toward rational explanations. The idea being that we need to separate what could truly be a paranormal claim from any stress or anxiety-induced claims in order to arrive at the truth.

We want to continue to help making sense of the situation, so we offer our services and advice as needed.

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